



# JULIE MORGENSTERN

## SUMMER TIME MAP

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
6:00AM — 9:00AM	Wake Up	Wake Up	Wake Up	Wake Up	Wake Up
9:00AM — 11:00AM	<b>Morning Activity</b>	<b>Morning Activity</b>	<b>Morning Activity</b>	<b>Morning Activity</b>	<b>Morning Activity</b>
11:00AM — 1:00PM	Lunch	Lunch	Lunch	Lunch	Lunch
1:00PM — 4:00PM	<b>Afternoon Activity</b>	<b>Afternoon Activity</b>	<b>Afternoon Activity</b>	<b>Afternoon Activity</b>	<b>Afternoon Activity</b>
4:00PM — 5:00PM	Rest Time	Rest Time	Rest Time	Rest Time	Rest Time
5:00PM — 6:00PM	Dinner	Dinner	Dinner	Dinner	Dinner
6:00PM — 8:00PM	<b>Evening Activity</b>	<b>Evening Activity</b>	<b>Evening Activity</b>	<b>Evening Activity</b>	<b>Evening Activity</b>
8:00PM — 10:00PM	Bedtime	Bedtime	Bedtime	Bedtime	Bedtime

Use this sample time map as an example to fill in the blank copy included below.

